

# Surviving the Recession Career Workshops - Grayslake

## JUNE 2010

*Special Services offered in the **Grayslake Job Center** of Lake County on the College of Lake County Campus:*

### Every Tuesday

Walk-In Computer and Resume Assistance  
8:30am-12:30pm

### Every Thursday

Walk-In Resume Assistance  
8:30am – 11:30am

### Rehabilitation Services

Wednesdays  
8:30am – 12:30pm

### Department of Human Services

Thursdays  
8:30am – noon

### Disability Works

1<sup>st</sup> & 3<sup>rd</sup> Wednesday's  
8:30am – 11:30am

### SERS Services

Tuesdays  
8:30am – 12:30pm

### Career & Placement Services

Resume Assistance  
Career Counseling  
By appointment only  
847-543-2059

### Services for Veterans

### Information sessions:

Tuesdays  
2pm – 3pm  
(Training focus)  
Wednesdays  
11am – 12pm  
(Training focus)

Thursdays 10am – 11am  
(Employment focus)

### Monday's- 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>

#### **Job Support Group**

**Room E125**

**11:00a.m. – 12:30p.m.**

**College of Lake County, Career & Placement Services, Candace McMahon**

Recognize and manage the stress of searching for employment and developing a stress management plan.

### Wednesday's- June 2<sup>th</sup> & 23<sup>rd</sup>

**3:00p.m. – 4:30p.m.**

**Room E139**

#### **Support Group for Ex-offenders**

**Sylvia Valadez, Illinois Department of Employment Security**

Interviewing for Ex-offenders can be a special challenge if you have a felony or misdemeanor.

### Wednesday's- June 16<sup>th</sup> & 30<sup>th</sup>

**2:00p.m. – 3:30p.m.**

**Room E139**

#### **Support Group for Spanish Speakers**

**Sylvia Valadez, Illinois Department of Employment Security**

**De una buena impresión en la entrevista de empleo** y servicios del employment (Interviewing Techniques & Employment Services)

Su preparación y experiencia le pueden ayudar a conseguir la entrevista. Pero es su aptitud la que le ayudara a obtener el empleo.

### Thursday's-June 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>

**10:00a.m.-Noon**

**Room E142**

#### **Veterans Weekly Job Club**

**Judy Leonard, Illinois Department of Employment Security**

A weekly group that provides employment and training related information for Veterans and eligible persons.

### Monday, June 7<sup>th</sup>

**10:00a.m.-11:00a.m**

**Room E125**

#### **Living the Life You've Imagined**

**LifeQuest Alliance, Inc, Laura Menze**

Is your life turning out the way you thought it would? Are you embracing the gift of being laid off? Even if you don't know where to start, we'll help you to take a small step toward living the life you've imagined.

### Tuesday, June 8<sup>th</sup>

**10:00a.m.-11:30a.m**

**Job Center**

#### **"Get Your Career on Track"**

**College of Lake County, Career Program Recruiter, Kendra Charts & University Center**

College of Lake County and the University Center will present short term and long term educational opportunities to get your career back on track. Learn about available programs and ways to fund your education.

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### Martes, 8 de Junio, 2010/Tuesday, June 8, 2010

10:00a.m-11:30p.m

ROOM A146

**¡Usando la computadora!** (Use the computer)

Carmen Diaz, College of Lake County

¿Está usted perdiendo oportunidades de trabajos porque requieren el uso de una computadora? ¡Venza su temor en este seminario práctico! Aprenda como usar el ratón y teclado, también aprenda cómo crear un documento y como guardar un documento.

### Thursday, June, 10<sup>th</sup>

**LinkedIn**

ROOM TBA

1:00p.m. – 2:30p.m.

*College of Lake County, Career and Placement Services, Lisa Kocourek*

What in the world is LinkedIn? Isn't Facebook enough for me to learn? Learn the basics of the social networking site LinkedIn.com and how it can be useful in your job search.

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### Monday, June 14<sup>th</sup>

**Personal Branding**

ROOM E125

10:00a.m. – 11:00a.m.

**Inside/Out Coaching, Pamela Marte**

Could your appearance or actions be getting in your way? How much do you convey about your decision making process and communication style without realizing it? Do others recognize more of your talents than you do? Join us for this lively event.

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### Tuesday, June 15<sup>th</sup>

11:00a.m.-12:00p.m

Job Center

**"Get Your Career on Track"**

*College of Lake County, Career Program Recruiter, Kendra Charts & University Center*

College of Lake County and the University Center will present short term and long term educational opportunities to get your career back on track. Learn about available programs and ways to fund your education.

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### Monday, June 21<sup>st</sup>

10:00a.m.-11:00a.m

ROOM E125

**From Goal Sore to Goal Score!**

**LifeQuest Alliance, Inc, Laura Menze**

Gain insight on how to break goals down into more palatable parts while keeping your eye on the big prize. Find out how to set-up an appropriate accountability structure for the goals you set so that they don't fall by the wayside. Understand what holds you back from accomplishing your goals. If you want to win every time, get your new game plan here!

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### Wednesday, June 23<sup>rd</sup>

2:00p.m.-3:30p.m

ROOM E142

**What Do Employers Want?**

**Physician's Interactive, Vice President of Human Resources, Bonnie Schirato**

Would you like to learn more about how to apply for work effectively? Get tips on how to re-start your career! Understand how to make yourself stand out in a competitive market! Tips and techniques will include:

\*Locate job opportunities in high-growth industries and network effectively.

\*Get past the "gatekeeper."

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### Monday, June 28<sup>th</sup>

10:00a.m.-11:00a.m

ROOM E125

**The Peak Interview**

Bill Burnett, an executive with over 25 years of global business experience, and had worked with customers in over 65 countries. New insights into the job interview process can give you an edge to win the interview and get the job